

linen place mat

Make a stylish linen place mat embellished with lines of woven stitching in toning colours.

SIZE

30 x 36cm.

TO MAKE

- Turn under and press 1cm, then 2.5cm on each edge. Pin in place.
- Using matching thread, hand or machine topstitch 5mm from the inner fold. Press.
- With 2 strands of turquoise crewel wool and a chenille needle, work a vertical line of woven stitches 4cm from the left edge. Start and finish 3.5cm from the long edges and work the stitches 1cm long and space them 1cm apart.
- Measure 3.5cm from the first line of stitching and work a second vertical line of stitches, as before.
- Using 2 strands of blue crewel wool, work a line of vertical woven stitches 1cm to the right of each line of turquoise stitches.
- Work a line of horizontal woven stitches in each colour between the pairs of vertical stitches, aligning them as shown in the photograph.

MATERIALS

- Natural linen, 37 x 43cm
- Pins
- Sewing needle (optional)
- Matching sewing thread
- 1 skein of crewel wool in each of turquoise and blue
- Crewel needle, size 22

designer's tip

If you're not confident working the stitches freehand you can mark out the pattern on the fabric using a ruler and water-soluble fabric marker pen. Measure and mark the fabric at 1cm intervals for the vertical lines of stitching. Starting 4cm from the left edge, space a pair of markings 1cm apart, then another pair to the right 2.5cm from the first pair. Before pressing the finished mat, remove any pen marks with a damp cloth.